



## OBTAIN FREE FOOD HELP NEAR YOU OR PROVIDE FOOD REFERRALS



Do you need food or are you a social service agency that wants to refer your clients to food? Anyone in the United States can call for FREE:  
**1-866-3-HUNGRY** or **1-877-8-HAMBRE**  
between 8AM and 8PM Eastern Time to speak with an operator who speaks English or Spanish, and can help you access:

- >SNAP (formerly food stamps)
- >WIC
- >Summer Meals
- >Food Pantries
- >Soup Kitchens
- >Other emergency food programs

If you are an emergency food program or other type of anti-hunger program and would like to add your organization in the USDA National Hunger Clearinghouse database, please visit:  
<http://nhc.fns.usda.gov/nhc/submit>.



The USDA National Hunger Clearinghouse is managed by the non-profit group Hunger Free America, on behalf of the U.S. Department of Agriculture.